

ABP Humber Coastal half/5k
Sunday 16th September 2018
Entry on the day
RNLI building
Cleethorpes Promenade
From 8am until 930 at latest

=====
ENTRY FORM (PLEASE COMPLETE IN BLOCK CAPITALS)

CASH ONLY

Please circle...5k Affiliated £15; unaffiliated £17
 Half Marathon Affiliated £28; unaffiliated £30

Name.....

D.O.B.....Age on race day..... Gender (Circle) M /F.....

Tel Number:

E mail.....

Address.....
.....Postcode.....

Club.....

DECLARATION

I am medically and physically fit to run and understand I enter at my own risk. The organisers will not be held liable for any injury, loss or illness however occasioned from the event

Signature/PARENT GUARDIAN.....

Date.....