Pre-Event Health Questionnaire - Team MK Kids Duathlon

In order to take part in our event, the BTF have requested that all athletes complete a pre-event health questionnaire, re-declaring that you are healthy enough to attend.

• If you were hospitalised due to Covid-19, you should undergo a form of health screening prior to taking part in a triathlon or multisport. This screening is best led by a doctor with specialist training in sports medicine. However other doctors may feel competent to make decisions on your fitness to compete and to decide any appropriate investigations that might be required.

• If you were not hospitalised due to Covid-19, but self-isolated having tested positive or shown symptoms at any time, you are also recommended to undergo a form of screening.

• If you have felt entirely well during the pandemic, you are not routinely recommended to undergo health screening, but it is something to be considered as part of your normal health monitoring for the health-conscious competitor.

• Your GP should be able to guide you on what level of screening you may require, and who is the best person to assist you in the process.

• If you have entered multiple events, unless you develop new symptoms at any time, a single screening assessment is sufficient to cover all triathlon and multisport event entries.

Also, a reminder not to attend the event if you, or someone in your household, have been unwell in the last 10 days.

Please read the NHS website for more information regarding COVID-19.
https://www.nhs.uk/conditions/coronavirus-covid-19/

Email *

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Covid-19

I am Covid-19 symptom Free, I am healthy enough to participant in this event. *

- o YES
- o NO

My household and/or supporters are Covid-19 symptom Free, healthy enough to attend this event.

- o YES
- o NO

Permissions

Parent or Guardian's Full name *

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I give permission for my child/ren to take part in the Team MK Kids Duathlon 2021 *

- o YES
- o NO

Thank you for filling out this form. If you have answered 'No' to being COVID-19 free then we will be in touch shortly.