

## YMCA EAST SURREY FUN RUN 2022 | RACE INSTRUCTIONS

Priory Park, Bell Street, Reigate, Surrey, RH2 7EL | Sunday 1 May from 10.30am

### Dear Runner

Thank you for entering the YMCA East Surrey's 21<sup>st</sup> Charity Fun Run and hope you enjoy your day with us. Please read this letter carefully as it contains important information relating to the event.

### RACE NUMBERS

Runners who entered before Monday 25 April will be able to collect their numbers from the YMCA, Princes Road, Redhill, RH1 6JJ from 12pm Wednesday 27 April or from the Park on Sunday 1 May. Entries from Monday 25 April onwards will need to collect their numbers from the Number Pick Up Tent on Sunday 1 May 2022 (come in plenty of time to ensure you are ready for your race start). We have extended our on-line booking link to 12pm Friday 29 April after which entries will only be taken on the day and will incur an additional fee; if you know anyone who wants to enter, please let them know so they can take advantage of the pre event cost.

### RACE TIMES

**Please note | Due to numbers, there has been a slight adjustment to the start time for the Adult 1 Mile which will now be 30 minutes later and run simultaneously with the Under 16 at 12.00:** This will not affect the results of either race and there will be winners for both the Adult 1 Mile and Junior U16.

- 10:30 | Adult 5 Mile 16+
- **12:00 | Adult 1 Mile 16+**
- 12:00 | Junior U16 12 – 15 years
- 12:30 | Junior U12 10 – 11 years
- 13:00 | Junior U10 8 – 9 years
- 13:30 | Junior U8 6 – 7 years
- 14:00 | Junior U6 4 – 5 years

### CHANGING LIVES TOGETHER

The Pandemic has been really tough for all young people but even more so for those who are vulnerable or disadvantaged. All money raised from our 2022 Fun Run will go towards our new Life Change Fund. This fund will support a range of YMCA services, projects and programmes to address these needs and help young people build the resilience, belief and confidence to overcome the challenges they face. Here are just a few of our projects that the Life Change Fund is supporting:

- New £1.5m housing scheme in Horley for 12 young people aged 18+
- New youth work offer reaching over 1,000 young people aged 11–19
- New emotional wellbeing and mental health service supporting over 2,300 young people
- YMCA Young Volunteers Project

Any amount you can raise will help to transform young lives in the local area, so please consider fundraising for us; to set up your unique on-line fundraising page, click [here](#).

### LOCATION AND SAFETY

All races start and finish in the area to the South of Reigate Priory School. The Adult 5 mile will follow a route along local country lanes and finish in the park. Parking is available at Bell Street car park or at Morrisons (for customers only). Toilets will be available in the park east of the Event Village. For those running the adult five-mile event please beware of traffic. The course will be well marshalled and we do not expect the roads to be busy with cars, however, please take special care and keep to the pavements where possible, or the left hand side of the road. There is a manned water station at the three-mile point offering sponges and cups of water. The 1 mile races will stay within the park and parents/carers may accompany younger children around the 1-mile course without an official entry. Please familiarise yourselves with the [route map](#) before the start.

### TIMING

We will provide runners with a "Personal Time" calculated from when the runner crosses the start line to when the runner crosses the finish line; this is sometimes called chip to chip timing. We will also provide a "Race Time" calculated from when the race is started to when the runner crosses the finish line – this is sometimes called gun time. You will, in addition, have the opportunity to collect a race time receipt from the Results Base Tent in the park. As set down by the rules of athletics, the results and prizes will be provided in Race Time order.

### LATE ENTRIES AND CHILDREN'S RACE INFORMATION

There may be some limited late entries available on the day but to be sure of your place please enter in advance. It's also cheaper! In addition, if you wish to enter on the day, please arrive in plenty of time before your chosen race.

Please ensure that you run in the correct race for your age category as runners taking part in the wrong race will not appear in the results. We categorise the junior races to ensure that the field is safe and of equal age/ability giving children a fairer chance of winning. However, children are allowed to enter any race as long as they have not reached the maximum age on race day, for example if you are 10 on race day, you cannot enter any race Under 10 or below.

#### **WHAT HAPPENS IF I CAN'T TAKE PART?**

All event entries are non-refundable and not transferable and if you have any questions about this, please do contact us.

#### **FINISH**

When you finish your race please run across the finish line and continue to the end of the finish funnel where you will receive your commemorative medal.

#### **FREE REFRESHMENTS AND RACE T SHIRT FOR ALL FINISHERS**

All finishers can take advantage of the free runner's refreshments which you will find signposted in the Event Village and don't forget to make your way to the T-shirt tent located opposite the finish in the Event Village to receive your well-deserved bespoke YMCA East Surrey race shirt.

#### **PRIZE GIVING**

Prizes will be awarded to the top three male and female runners in all adult and junior races plus we have prizes for the first male and female over 40, 50, 60 in the 5-mile event plus the first runner back in the Over 70 category. All prizes will be given out by local dignitaries and our sponsors from the start/finish area after each event. Results will appear on our website at [www.ymcaeast Surrey.org.uk](http://www.ymcaeast Surrey.org.uk).

#### **FANCY DRESS**

We love any excuse for fancy dress, so come along dressed up as your favourite character and make the day even more fun. We'll be giving out prizes for the best fancy dress in each race, so make sure you stand out from the crowd!

#### **SPORTS FESTIVAL AND EVENT VILLAGE**

We hope the YMCA East Surrey Fun Run will be FUN for adults and children, participants and spectators. As well as the races there will also be a bouncy castle and activities for the younger one based in our Event Village which will also host various catering outlets, activities and local retailers and charities. In addition to the races, YMCA East Surrey are being joined by the Reigate and Banstead Sports Festival offering a vast array of sports for you to try out. Have a go at martial arts, test those footballing skills or attempt to scale the climbing wall.

#### **PASSPORT TO PRIZES!**

When you collect your race t-shirt, don't forget to collect your Sports Festival Official Passport which you can get stamped at each activity tent. Four stamps will enable you to claim your free bespoke event drawstring bag (which you can get at the Information tent) and eight stamps will give you FREE entry to the climbing wall – got to be worth a go!

#### **HEADPHONES**

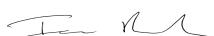
The 5-mile adult race is on public roads and for your own safety we do not allow use of headphones as they may prevent you from hearing instructions from a marshal.

#### **WHERE CAN I FIND THE RESULTS?**

Results will be available from our website [www.ymcaeast Surrey.org.uk/funrun](http://www.ymcaeast Surrey.org.uk/funrun) from 5pm. There will be QR codes around the park which you can scan on your phone to get to our results page; in addition, those who opted for the SMS will receive a text with your time and position.

Thank you for supporting the YMCA by entering the Fun Run. We hope you have a memorable day with us. In the meantime, if you have any questions about the race or our charitable work, please do not hesitate to contact us.

With very best wishes



Ian Burks

**CHIEF EXECUTIVE**